

JANUARY 2012

MIRAMONT POINTE MEMORY CALENDAR

FOR RESIDENTS, FAMILY AND FRIENDS



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 9:15 Chair Exercise 10:00 Senior Theatre 11:15 Mind Fitness 1:15 Movement Group 2:00 America's Scenic Railroad Journeys-T 3:15 Sing a long 4:45 News & Views</p>	<p>2 9:15 Chair Exercise 10:30 Treasures of the Heart 11:15 Mind Fitness 1:15 Movement Group 2:00 Spiritual Services 3:30 Sing a long 4:45 News & Views</p>	<p>3 9:15 Chair Exercise 10:30 Texture Touch 11:00 Arts & Crafts 1:15 Music w/Randy 2:30 Social Hour 3:30 Sing a long 4:45 News & Views</p>	<p>4 9:30 All About Nature 10:30 Chair Exercise 11:00 Arts and Crafts 1:15 Senior Theatre 2:30 Sing a long w/Jessica 4:00 Reminiscence 4:45 News & Views</p>	<p>5 9:15 Chair Exercise 9:45 Senior Theatre 11:00 Glamour & Shine Denise on Guitar 2:30 Culinary Group 3:45 Movement Group 4:00 Treasures of the Heart 6:30 Arts and Crafts</p>	<p>6 9:15 Chair Exercise 10:15 Treasures of the Heart 11:00 Arts and Crafts 1:15 Balloon Volleyball 2:30 Coffee Social Cafe 4:00 Mind Fitness 4:45 News & Views</p>	<p>7 9:45 Coffee & Donuts 10:30 Chair Exercise 11:15 Trivia 1:15 Balloon Volleyball 2:00 Arts and Crafts 4:00 Sing a long 4:45 News and Views</p>
<p>8 9:15 Chair Exercise 10:00 Senior Theatre 11:15 Mind Fitness 1:15 Movement Group 2:00 Reminiscence 3:15 Spa Day 4:45 News & Views</p>	<p>9 9:15 Chair Exercise 10:30 Treasures of the Heart 11:15 Mind Fitness 1:15 Movement Group 2:00 Spiritual Services 3:30 Sing a long 4:45 News & Views</p>	<p>10 9:15 Chair Exercise 10:30 Texture Touch 11:00 Arts & Crafts 1:15 Music w/Randy 2:30 Social Hour 3:30 Sing a long 4:45 News & Views</p>	<p>11 9:30 All About Nature 10:30 Chair Exercise 11:00 Arts and Crafts 1:15 Senior Theatre 2:30 Matthew Cassey/Pianist-T 4:00 Reminiscence 4:45 News & Views</p>	<p>12 9:15 Chair Exercise 9:45 Senior Theatre 11:15 Top of the Hill Restaurant/Canby Denise on Guitar 2:30 Culinary Group 3:45 Movement Group 5:45 Treasures of the Heart 6:30 Arts and Crafts</p>	<p>13 9:15 Chair Exercise 10:15 Treasures of the Heart 11:00 Arts and Crafts 1:15 Earthtone's Music Therapy 2:30 Coffee Social Cafe 4:00 Mind Fitness 4:45 News & Views</p>	<p>14 9:45 Coffee & Donuts 10:30 Chair Exercise 11:15 Trivia 1:15 Balloon Volleyball 2:00 Arts and Crafts 4:00 Sing a long 4:45 News and Views</p>
<p>15 9:15 Chair Exercise 10:00 Senior Theatre 11:15 Mind Fitness 1:15 Movement Group 2:00 America's Scenic Railroad Journeys-T 3:15 Sing a long 4:45 News & Views</p>	<p>16 9:15 Chair Exercise 10:30 Treasures of the Heart 11:15 Mind Fitness 1:15 Movement Group 2:00 Spiritual Services 3:30 Sing a long 4:45 News & Views</p>	<p>17 9:15 Chair Exercise 10:30 Texture Touch 11:00 Arts & Crafts 1:15 Music w/Randy 2:30 Social Hour 3:30 Sing a long 4:45 News & Views</p>	<p>18 9:30 All About Nature 10:30 Chair Exercise 11:00 Arts and Crafts 1:15 Senior Theatre 2:30 Author Chantal Kelly-Gelato Sisterhood on the Amalfi Shore"-T 4:00 Reminiscence 4:45 News & Views</p>	<p>19 9:15 Chair Exercise 9:45 Senior Theatre 11:00 Glamour & Shine 1:15 Denise on Guitar 2:30 Country Drive 5:45 Treasures of the Heart 6:30 Arts and Crafts</p>	<p>20 9:15 Chair Exercise 10:15 Treasures of the Heart 11:00 Arts and Crafts 1:15 Balloon Volleyball 2:30 Coffee Social Cafe 4:00 Mind Fitness 4:45 News & Views</p>	<p>21 9:45 Coffee & Donuts 10:30 Chair Exercise 11:15 Trivia 1:15 Balloon Volleyball 2:00 Arts and Crafts 4:00 Sing a long 4:45 News and Views</p>
<p>22 9:15 Chair Exercise 10:00 Senior Theatre 11:15 Mind Fitness 1:15 Movement Group 2:00 Reminiscence 3:15 Spa Day 4:45 News & Views</p>	<p>23 9:15 Chair Exercise 10:30 Treasures of the Heart 11:15 Mind Fitness 1:15 Movement Group 2:00 Spiritual Services 3:30 Sing a long 4:45 News & Views</p>	<p>24 9:15 Chair Exercise 10:30 Texture Touch 11:00 Arts & Crafts 1:15 Music w/Randy 2:30 Social Hour 3:30 Sing a long 4:45 News & Views</p>	<p>25 9:30 All About Nature 10:30 Chair Exercise 11:00 Arts and Crafts 1:15 Senior Theatre 2:30 Monte Watters/Pianist-T 4:00 Reminiscence 4:45 News & Views</p>	<p>26 9:15 Chair Exercise 9:45 Senior Theatre 11:00 Glamour & Shine 1:15 Denise on Guitar 2:30 Culinary Group 3:45 Movement Group 5:45 Treasures of the Heart 6:30 Arts and Crafts</p>	<p>27 9:15 Chair Exercise 10:15 Treasures of the Heart 11:00 Arts and Crafts 1:15 Earthtone's Music Therapy 2:30 Coffee Social Cafe 4:00 Mind Fitness 4:45 News & Views</p>	<p>28 9:45 Coffee & Donuts 10:30 Chair Exercise 11:15 Trivia 1:15 Balloon Volleyball 2:00 Arts and Crafts 4:00 Sing a long 4:45 News and Views</p>
<p>29 9:15 Chair Exercise 10:00 Senior Theatre 11:15 Mind Fitness 1:15 Movement Group 2:00 America's Scenic Railroad Journeys-T 3:15 Sing a long 4:45 News & Views</p>	<p>30 9:15 Chair Exercise 10:30 Treasures of the Heart 11:15 Mind Fitness 1:15 Movement Group 2:00 Spiritual Services 3:30 Sing a long 4:45 News & Views</p>	<p>31 9:15 Chair Exercise 10:30 Texture Touch 11:00 Arts & Crafts 1:15 Music w/Randy 2:30 Social Hour 3:30 Sing a long 4:45 News & Views</p>				